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Sports Seminars For Women

Paula Duffy is one of the media's most loved sports commentators. With a no holds barred, vibrant and insightful approach, Duffy has built a reputation as a must have for cutting edge commentary. Regularly called upon by national media outlets for top tips, thoughts and advice, Duffy provides a fresh female approach in a male dominated business. Supplementing her media success, Duffy recently launched the 'Daily Dose of Duffy' a sports blog and podcast incidentalcontact.com. Considered Leeza Gibbons' 'resident sportress,' Duffy also offers sports seminars for women to help them to connect through sports.

Duffy's next Sports Seminar for women will be held Jan. 19 at the Learning Annex in Santa Monica.